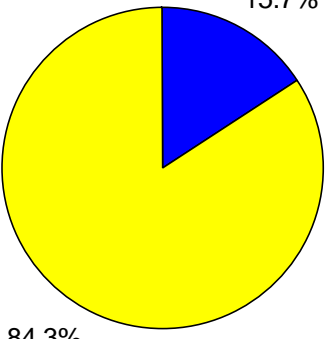


# *Fairfax-Falls Church Community Services Board*

## 106-17-Mental Retardation Day Support and Vocational Services

Fund/Agency: 106		Fairfax-Falls Church Community Services Board
Personnel Services	\$519,491	<p style="text-align: center;"><b>CAPS Percentage of Agency Total</b></p>  <p style="text-align: center;">84.3%</p> <p style="text-align: center;">15.7%</p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <span style="color: blue;">■</span> Mental Retardation Day Support and Vocational Services  <span style="color: yellow;">■</span> All Other Agency CAPS         </div>
Operating Expenses	\$16,397,333	
Recovered Costs	\$0	
Capital Equipment	\$0	
<b>Total CAPS Cost:</b>	<b>\$16,916,824</b>	
Federal Revenue	\$0	
State Revenue	\$457,660	
User Fee Revenue	\$463,567	
Other Revenue	\$470,953	
<b>Total Revenue:</b>	<b>\$1,392,180</b>	
<b>Net CAPS Cost:</b>	<b>\$15,524,644</b>	
Positions/SYE involved in the delivery of this CAPS	11/10.75	

### ► CAPS Summary

**Mental Retardation Day Support and Vocational Services** provide a continuum of services for people with mental retardation and/or autism and their families throughout our service area. The mission of Mental Retardation Services is to empower and support people to achieve a self-determined and valued lifestyle and to identify, develop, and/or offer personalized and flexible supports, including a home, job, and a network of relationships in the community.

Contract management oversight is provided by the Community Services Board (CSB) for all of the programs through on-site observations, clinical consultations with case managers, review of outcome measures, and coordination with Quality Assurance activities.

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Vocational and day support services for individuals with mental retardation and/or autism are provided primarily through contracts with private, non-profit agencies. Models of service delivery include:

- Developmental Services provide self-maintenance training and nursing care for individuals who are the most severely disabled in areas such as intensive medical care, behavioral interventions, socialization, communication, fine and gross motor skills, daily living and community living skills, and may include limited remunerative employment.
- Sheltered Employment provides individuals full-time, remunerative employment in a supervised setting with support services for habilitative development.
- Community Employment (Group Model) provides individuals intensive job placement assistance for off-site, supervised contract work and competitive employment in the community. Job retention services are also provided.
- Community Employment (Individual Model) provides remunerative employment with necessary support services. This service primarily serves persons with severe disabilities and stresses social integration with non-disabled workers.
- Alternative Day Support (Cooperative Employment Program) provides supported competitive employment services to eligible individuals with developmental disabilities. The Cooperative Employment Program is jointly funded and operated by the Department of Rehabilitative Services and the CSB. Using an individualized approach, program staff assess skill, analyze job requirements, and provide on-the-job training for individuals and disability awareness training for employers. Extensive follow-up services are provided to ensure the success of the job placement. In addition to the job-training component, the Cooperative Employment Program offers mobility training to enhance ability to use public transportation.

Transportation is contracted by the CSB through FASTRAN, providing morning and evening transportation for persons to-and-from employment and vocational training sites in the service area. Alternative transportation services may be available from other qualified providers, including providers who have been approved by the Virginia Department of Medical Assistance Services to be eligible for Medicaid reimbursement. The CSB has a fee policy in effect requiring a monthly fee collection for non-Medicaid-funded transportation services.

Additionally, in order to effectively provide the vocational services, individuals served must receive case management to coordinate service planning and service delivery.

### **Quality Assurance and Staff Development**

For information on CSB's comprehensive Quality Improvement (QI) Plan, Risk Management Plan, and CSB-wide training and staff development initiatives, please refer to the Overview section.

### **Community Outreach**

Community outreach activities are described in the MR Services Case Management CAPS.

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## **Accomplishments**

During FY 2001, 995 individuals were served by contracted vendors, and an additional 120 were served by the Cooperative Employment Program. Of this total number served, 596 individuals received transportation through a contract with FASTRAN. The CSB successfully transitioned 71 graduates from the Fairfax County Public Schools into post-secondary employment services in the beginning of FY 2002. All vocational programs are now required to achieve and maintain external national accreditation.

## **Funding Sources**

Funding sources include Fairfax County; the Cities of Fairfax and Falls Church; DMHMRSAS; Northern Virginia Training Center; and fees from individuals served.

## **► Trends/Issues**

People with mental retardation are now living longer and as a result, many of the individuals we serve experience the same health and aging related issues as our general population. This trend presents unique challenges in vocational service provision as many of the individuals served either require specialized medical or physical care services during their employment or retirement supports after they have completed working. There is an increasing trend of students graduating from school requiring vocational services who are medically fragile. These individuals may be brittle diabetics receiving insulin injections, on oxygen, or require gastrointestinal tubes for feeding. Providers are required to monitor and provide the necessary supports and treatment for these individuals in their programs.

Increasingly, our community has become multi-cultural and multi-linguistic, requiring specialized training for vocational staff.

There is a very serious work force problem exacerbated by a high cost of living, low wages, and low unemployment rates. Increasingly, vocational programs are experiencing seriously high vacancy rates and high turnover rates among both direct care and management staff.

There is a trend toward increasing external documentation requirements necessitating increased quality assurance, training, and specialized administrative and managerial supports. In particular, all vocational programs are now required to achieve and maintain external national accreditation through CARF, the Council of Accreditation for Rehabilitation Facilities.

There is an increasing trend toward community-based employment. Over 50 percent of the individuals served received their services in the community as opposed to segregated facility based programs. In fact, among transitioning youth, nearly 75 percent request community-based employment services.

The most significant issue in transportation is traffic density coupled by the random disbursement of employment services in our community. In comparison to the school system where schools are strategically located, the vocational system for Mental Retardation Services has evolved in response to both community employer needs and capacity availability of contracted providers. As a result, many of the individuals experience very lengthy commutes accessing programs and services that may not be located within the community in which they reside. Additionally, there are some individuals who cannot participate in day support opportunities because they are unable to find transportation.

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An issue that has been identified to both the Human Services Council and senior County staff is the urgent need for additional space to provide specialized developmental services to those individuals who also require nursing care. Additional capacity is necessary to avoid having individuals with severe disabilities with no services.

### **Participant Characteristics**

Vocational services are provided to individuals over age 18. All must have mental retardation and/or autism to be determined eligible for services. Many cultures and languages are represented among the individuals served.

### **► Method of Service Provision**

Day Support and Vocational Services are both directly and contractually provided, with 89 percent of individuals served through provider contracts.

Hours of Operation: Vocational services are generally available Monday through Friday from approximately 8:30 a.m. to 4:00 p.m. Since transportation supports precede and follow these hours, transportation supports generally operate from 6:00 a.m. to 6:00 p.m.

### **► Performance/Workload Related Data**

<b>Title</b>	<b>FY 1998 Actual</b>	<b>FY 1999 Actual</b>	<b>FY 2000 Actual</b>	<b>FY 2001 Actual</b>	<b>FY 2002 Estimate</b>
Persons Served	897	1,101	1,074	1,115	1,239
Percent satisfied with day support/vocational services	90%	90%	91%	88%	88%
Percent of individual service plan objectives met by consumers	N/A	60%	61%	60%	60%
Percent integrated into community programs	53%	53%	56%	55%	55%

The above numbers for individuals served and satisfaction rates represent numbers from Day Support and Alternative Day Support programs. The numbers for objectives met and percent integrated into the community reflect numbers from the Day Support programs.

# Fairfax-Falls Church Community Services Board

## ► User Fee Information

Subobject Code	Fee Title	FY 2002 ABP Fee Total
N/A	FY 2002 CSB Schedule of Fees. The current fee schedule is available in the Agency Overview.	\$463,567
<b>Current Fee</b>		<b>Maximum Allowable Fee Amount</b>
Once the treatment plan is determined, the fees for services will be set according to the FY 2002 CSB Fee Schedule.		N/A
<b>Purpose of Fee:</b> Fees are charged to offset the cost of providing treatment services.		
Levy Authority	Requirements to Change the Fee	Year Fee Was Last Adjusted
CSB Policy on Reimbursement  <u>Code of Virginia</u> Chapter 10, 37.1-197(7)	The CSB Schedule of Fees is reviewed and established annually by the CSB Board and submitted to the Board of Supervisors.  The client or other legally responsible party is responsible for paying the full fee for services. A client or other legally responsible party who is unable to pay the full fee may request a subsidy, supplemental subsidy and an extended payment plan.	2001
<b>Other Remarks:</b>		